



CAREGIVER SUPPORT PROGRAM

The Savvy Caregiver Program Series Begins March 20

The Savvy Caregiver is an educational program for family members caring for someone with Alzheimer's disease or another dementia at home.

This 6-week series will help you better understand the changes your loved one is experiencing. You will also learn how to provide individualized care throughout the progression of the disease. You will receive a manual to refer to at home and will have "homework" to complete between weekly sessions. This will give you the opportunity to apply your knowledge, practice new skills, and identify areas where further support is needed.

When:
Wednesdays,
March 20 - April 24
2pm-4pm

Where:
Aging Care Connections
111 W Harris Avenue
La Grange, IL 60525

Facilitator: Jessica Haines,
MSW, Caregiver Specialist
Registration: Contact Jessica
Haines at 708-603-2260 or
jhaines@agingcareconnections.org
Class size is limited.
Registrations will be accepted
until class is full or
March 13, 2019.

Funded in part by: **AGEOPTIONS**

Aging Care Connections does not discriminate in admission to programs or treatment of employment in compliance with appropriate state and federal statutes. If you feel you have been discriminated against, call (708) 354-1323.

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